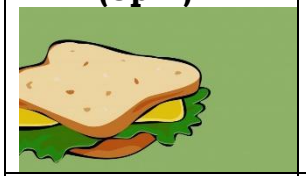
WEEKLY MENU

WEEK 2

DAYS/ MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST (8-9am) 	Cornflakes Rice Krispies Porridge Weetabix	Cornflakes Rice Krispies Porridge Weetabix	Cornflakes Rice Krispies Porridge Weetabix	Cornflakes Rice Krispies Porridge Weetabix	Cornflakes Rice Krispies Porridge Weetabix
Allergens:	Gluten, Milk	Gluten, Milk	Gluten, Milk	Gluten, Milk	Gluten, Milk
LUNCH (11.30am) 	**Main:** Tuna Pasta bake Salad: cucumber, sweetcorn, peppers, tomatoes Fruit/yoghurt plain & flavoured (vegan)	**Main:** Vegetable pie with carrots Salad: cucumber, carrots, peppers, tomatoes Fruit/yoghurt plain & flavoured (vegan)	**Main:** Cauliflower cheese & sweetcorn Salad: cucumber, sweetcorn, peppers, tomatoes, Fruit/yoghurt Plain & flavoured (vegan)	**Main:** Dhal and Rice Salad: cucumber, carrots, tomatoes Fruit/yoghurt Plain & flavoured (vegan)	**Main:** Fish fingers, chips & beans Salad: cucumber, sweetcorn, peppers, tomatoes, Fruit/yoghurt plain & flavoured (vegan)
Allergens:	Gluten, Fish, Milk	Gluten, Milk, Egg, Soya	Gluten, Milk	Milk,	Gluten, Fish
TEA (3pm) 	Pancakes with fruits Fruit/yoghurt/milk	Cheese sandwiches Fruit/yoghurt/milk	Rice cakes with jam Fruit/yoghurt/milk	Choice of cereal Fruit/yoghurt/milk	Buttered crackers Fruit/yogurt/Milk
Allergens:	Gluten, Milk, Egg	Gluten, Milk	Milk	Gluten, Milk	Gluten, Milk